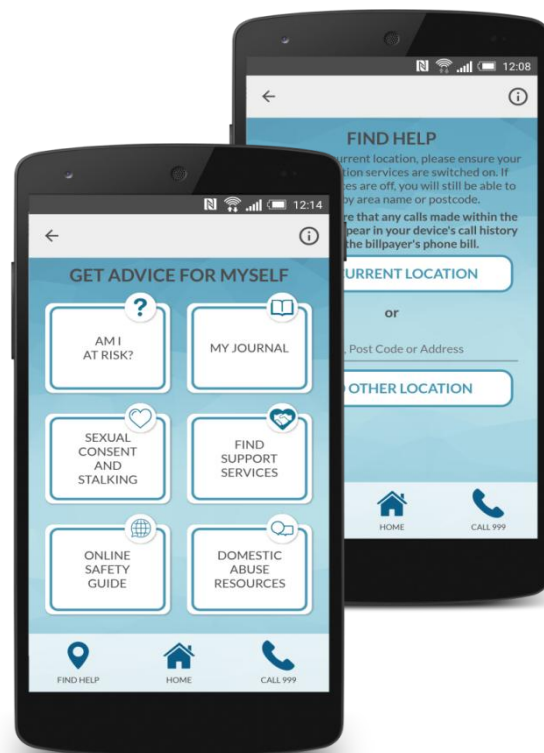


# Bright Sky

## Bright Sky Overview



## Description

**UK Bright Sky** is a **free** to download mobile app providing support and information for anyone who may be in an abusive relationship or for those concerned about someone they know. Bright Sky can also be used by practitioners and other employers to learn more and provide support.

The Bright Sky app is available on Android devices from the Google Play Store, and on iOS phones from the Apple App Store.

The app features:

- The **FIND HELP** tool – a unique UK-wide directory of specialist domestic abuse support services, whereby users can contact their nearest service by phone from the app, searching by area name, postcode or their current location.
- A secure **My Journal** tool, where incidents of abuse can be logged in text, audio, video or photo form, without any of the content being saved on the device itself.
- Questionnaires to assess the safety of a relationship, plus a section on dispelling myths around domestic and sexual abuse.
- Information for anyone wishing to learn more about domestic abuse, including the different types of support available, steps to consider if leaving an abusive relationship, and how to help a friend affected by domestic abuse.
- Contact details and the ability to call national helplines providing support for those affected by domestic and sexual abuse across the UK.
- Links to further resources and information on topics around domestic abuse.

## Summary

Bright Sky is a free to download mobile app providing support and information to anyone who may be in an abusive relationship; their families, friends and colleagues.

The app is also designed to be used by specialist and non-specialist practitioners and other employers, and for anyone looking for information about issues around domestic abuse such as online safety, stalking and harassment and sexual consent.

The app can also be used as a tool by professionals and specialist domestic abuse and sexual violence (DASV) services, as well as non-specialist DASV services such as the police, housing officers, health visitors, solicitors and others who may come into contact with someone affected by domestic abuse and sexual violence.

The information guides provided within Bright Sky will provide an essential education toolkit for anyone who feels that they do not have a full awareness of domestic abuse, including information on the types of domestic abuse and kinds of support available.

As many survivors of abuse do not recognise the persistent harmful behaviours in their own relationships, the application is also targeted towards those who may not even be aware they are in an abusive relationship.

If a user should find themselves in an emergency situation, Bright Sky offers a 999 emergency dialer which is present on all screens as users navigate the application.

For further information please view [www.hestia.org/brightsky](http://www.hestia.org/brightsky) or, if you have any enquiries about Bright Sky, you can email [brightsky@hestia.org](mailto:brightsky@hestia.org)